

WAYS TO PLAY

HOW TO PLAY SAFELY AND WITH WHO

Note: there should be no more than two players on court at one time.



Members from the same household or support bubble:

- Match play/full squash game
- Coach led/supervised activity



Individuals:

- Single player (solo) practices
- Coach led/supervised activity



Two members from different households (not in a support bubble):

- Modified version of squash – 'Sides'
- Coach led/supervised activity



Up to five members from different households:

- Coach led/supervised activities