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By InYourArea Community

Online tennis coaching sessions are well underway

Submitted by Harry James

BTA Tennis Coaching have recently started a 'Free Tennis@Home' programme for every primary school in Hertfordshire, reaching out to over 60,000 children over 300 schools.

The aim of this programme is to allow children aged between 4 and 11 to start their tennis journey from the comfort of their own home, making tennis more accessible for children and families from all walks of life.

Sessions are 30 minutes long and look to develop the techniques used for tennis whilst improving their balance, co-ordination, fitness and so much more.

BTA Tennis Coaching is a tennis coaching company based at Broxbourne Sports Club, Broxbourne, Hertfordshire, Hertford Tennis Club, Hertford, Hertfordshire and primary schools around Hertfordshire.

The company is run by Harry James and Dominic Horslen with their team of amazing coaches Nicole Voss, Millie Downes, James Jackson and Craig Dootson.

Harry and Dom firmly believe that these sessions will give children a positive step forward into taking up this amazing sport. If they can change the life of just one child and give them an opportunity to start tennis during this difficult time then they feel they have made a difference.

As a follow-on from our Tennis@Home programme BTA Tennis Coaching are also running free Facebook Live sessions every Saturday morning at 10am for any children wanting to take part in extra sessions.

'BTA' stands for their core values; Believe, Try, Achieve, and with this in mind, this programme has the potential to be hugely successful.

For any parents wanting their child to take part, the first online session is below or if you would like anymore information, contact

info@btatenniscoaching.com

<https://vimeo.com/508332942>