



BROXBOURNE RUNNERS AGM CHAIR'S REPORT – 2023/24

Dear Members,

As we reflect on another fantastic year for our running club, I am delighted to share the highlights and achievements that have made this year so special.

Races and Running Achievements

Our members have participated in numerous races, showcasing their dedication and passion for running. Notable achievements include:

- **Marathon Success:** Several members completed marathons, including several members representing the club and chosen charities at Abbott World Marathon Majors, with personal bests and first-time finishes.
- **Local Races:** Participation in local 5Ks, 10Ks, and Half Marathons has been strong, with many members achieving high in their age categories.
- **Ultra Marathons:** A few of our adventurous runners took on ultra marathons, pushing their limits and inspiring us all.
- **Cross Country League:** 29 runners took part in the 4 races in this league. We saw both well-seasoned cross-country runners participate as well as some runners who took on the new challenge of a cross-country race. Well done to all who took part!
- **Mid-Week League:** 39 runners took part in this league. Out of 10 running clubs, here is an overview of how our club performed -
 - Overall – 8th
 - Veterans - 7th
 - Men – 4th
 - Women – 7th

Badger Dash Race

The annual Badger Dash was a success, with great participation and enthusiastic support from our running community. Congratulations to all who ran, volunteered, and cheered on the day.

Committee and Volunteers

Our committee has worked tirelessly to ensure the smooth running of the club. Special thanks to all members of the committee for your ongoing support.

This thanks also extends to our wider club members who volunteer, as you are the backbone of our club. Whether it's marshalling races, welcoming new members as they join, or supporting training sessions, your efforts are invaluable.

Run Leadership and Coaching Qualifications

Several committee members are working towards their run leadership qualifications, which will enhance our training programs and support for members. Additionally, Lee has achieved his coaching qualification, with Ian currently working towards his. This development has and will allow us to offer more structured and effective training sessions. We look forward to even more variance and challenges this coming year!

Social Events

Our social calendar has been vibrant, with events that bring us together outside of our typical running environment. We held our annual Christmas party at The Crown, hosted a social following the Badger Dash in September, and held a couple of quizzes throughout the year fundraising for various charities.

Safety and Support

Ensuring the safety of our members while running is a top priority. We have implemented safety protocols and encourage everyone to look out for each other, including having a dedicated leader and sweeper in each running group. The support and camaraderie within our club are truly heartwarming, as members help each other achieve their running goals.

In conclusion, this year has been one of growth, achievement, and community. Thank you to everyone who has contributed to making our club a success. Let's continue to support each other and strive for even greater heights in the coming year.

Happy running!

Best regards,

Ellen
Chair, Broxbourne Runners