



BROXBOURNE RUNNERS REPORT

With another successful year behind us, I'm pleased to present the key achievements and memorable highlights that have shaped our running club's progress.

Running Achievements

Members have taken part in many races in the past year, highlighting their commitment and love for running. These include Parkruns, 10ks, Half Marathons, Abbott World Marathon Majors, and Ultras. There have been lots of PBs and people challenging themselves to new distances. Other achievements include:

- **New Cross Country Event:** We introduced a new cross-country event in October 2024, which was met with great enthusiasm as well as some apprehension (!). Despite the change, it was a successful race with feedback from many runners to say they enjoyed it. 288 runners participated across 19 clubs.

We held another cross-country race in September 2025 that saw a 22% increase in runners from last season. Lots of positive feedback was received from runners, and the league secretary reported that he thought the running of the event went much smoother than last year.

- **Mid-Week League:** 30 runners took part, which was fewer than last year, but there was much more consistency among racers. We had a full women's team in all 4 point-scoring races, and almost a full men's team throughout the season. Our goal for 2026 is to have full teams throughout the whole season! A shoutout to Phil Morgan won the Harpenden fixture and Maddy Henderson who was Division 3 Ladies Champion.

Run Leadership and Coaching Qualifications

We now have one England Athletics qualified coach – Lee Warwick, and four committee members who received their Leadership in Running Fitness (LiRF) qualification – Lindsey Stonebridge, Mike Singleton, Olu Gooden, and Ellen Ilott.

Having at least one LiRF is required by England Athletics who we are governed by; however we felt it was good practice to have multiple leaders to take groups out on a Sunday and also take Wednesday training sessions when the Coach is away.

Our aim for this season is to have another Coach to support Lee with training plans and sessions, as our previous Coach, Ian Roberts, has moved on to pastures new. We are also hoping that other members may like to support the club and get a LiRF qualification.

Badger Dash Race

This race started in 2020 during the pandemic when racing and events were very limited, and it's still going strong 5 years later. Everyone opted for the 10k option this year.

After the race, we held an awards ceremony and announced the winners of the 2024/25 season, followed by a social at the club.

Kim Daley

This season saw us lose a much-loved and valued member of our club – Kim Daley. Kim was a tenacious character and a fierce supporter of Broxbourne Runners and represented us for many years.

Some members attended her memorial service in March in London, and we held our own memorial for her at the club following Run Fest at Lee Valley.

Members have generously donated money towards a memorial bench for Kim to take a proud spot on the sports field.

Comms

We have seen a 3.5% increase in Instagram followers since October 2024.

We have utilised the sports club's monthly newsletter since the beginning of the year to highlight what we have been up to every month and give shout-outs to members who have taken part in races, advertise league races, and provide important news updates.

In April, local running and tri-athlete legend John Nugent was asked by St Cross Primary School to cut the ribbon and officially open their new running track. A few members went down to support John and be part of the celebration.

Social Events

Alongside our annual Christmas party, we held no less than three further social events this year – two at the sports club and a boozy bottomless brunch in Hoddesdon, truly living up to the expectation of our nickname – “a drinking club with a running problem”.

In summary, this year saw some incredible running achievements and a true sense of support when we needed it. We hope to build on this momentum and reach even greater heights together in the year ahead.

Ellen
Chair, Broxbourne Runners